

Presents

# Brainiac Bulletin

A FORTNIGHTLY NEWSLETTER

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## WISHES ALL THE BEST

### TO ASPIRANTS APPEARING IN THE UPCOMING NOVEMBER OLYMPIAD EXAMS!

## SOF FORTNIGHTLY UPDATES

**Important Notice:** Registration for the SOF 2025 **IGKO** and **ICO** examinations has been closed. All schools interested in participating are requested to take note. So far, only the first phase of the **IEO**, **ISSO**, and **IHO** examinations has been completed, while for the **ICSO** examination, both the first and second rounds have been concluded. However, if your school missed the registration deadline, SOF is pleased to offer a special provision that interested schools may still conduct the examination on any of the available exam dates, listed below in the exam schedule.

## EXAM SCHEDULE

SOF Olympiad	Date 1	Date 2	Date 3
IEO	<del>26-September, 2025</del>	11 November, 2025	26 November, 2025
ICSO	<del>24-September, 2025</del>	<del>09-October, 2025</del>	22 January, 2026
ISSO	<del>18-September, 2025</del>	20 November, 2025	23 January, 2026
IHO	<del>19-September, 2025</del>	19 November, 2025	22 January, 2026

Registration for the **NSO and IMO exams** is open for all **three dates** mentioned below.

SOF Olympiad	Date 1	Date 2	Date 3
NSO	13 November, 2025	27 November, 2025	11 December, 2025
IMO	12 November, 2025	28 November, 2025	12 December, 2025

For additional information, Schools and institutes are advised to contact the SOF support team. Teachers and Principals may contact SOF Authorities at **+91 9312680855, +91 9312680857, or +91 124-4951200** to get all the details.

#### Showcase Your Success in the SOF Hall of Fame!

SOF invites schools, parents and students to submit entries for the "Hall of Fame", a platform that celebrates exceptional and well-rounded student achievements. Selected entries will be featured on the SOF website, Facebook page, and in this newsletter.

To participate, please email your achievements along with valid proof and photographs to **info@sofworld.org**

#### FROM EDUCATORS' DESK -TEACHER TESTIMONIALS



#### Real voices. Real classrooms. Real impact

Discover how educators like you are transforming teaching, one story at a time.

#### STUDENTS WHO DARED TO DREAM BIGGER - STUDENT TESTIMONIALS



#### Stories That Illuminate the Path to Success

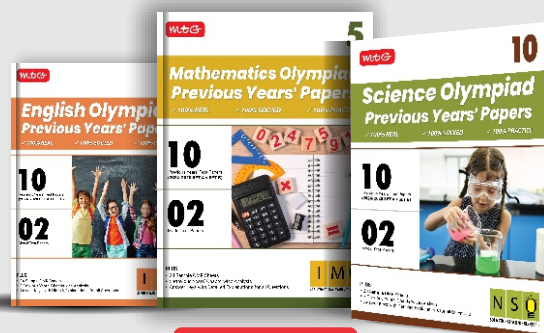
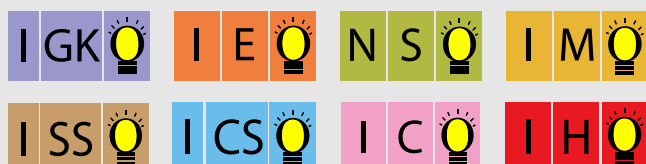
Every star has a story. Discover what drives these young achievers.

## The best way to revise the Olympiad syllabus is here!

**MtG Presenting**

### PREVIOUS YEARS' PAPERS

The Latest Edition for SOF Olympiads 2025-26



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## Science is cooler than you think!



### A single protein could stop sudden death.

After a heart attack, the immune system can backfire. White blood cells release a protein that harms heart cells and triggers dangerous rhythms. Targeting this molecule may help stop sudden cardiac death.

[Click here](#)

## FREEBIE ALERT – Free E book for powerful learnings



### More Reps, more prep!

Transform the way your students learn. Download these free NSO sample papers that help students analyse exam questions and gain concept familiarity. Help them learn faster, understand better and think smarter.

[Download here](#)

## INNOVATIONS THAT CHANGED OUR WORLD FOR FOREVER!

Innovation That Redefined Everyday Money

**BY JOHN SHEPERD-BARRON (1967)**



The ATM brought banking to your fingertips. Before it, accessing cash meant waiting in line during banking hours. But it is all thanks to invention that allowed people to withdraw money 24/7, changing how we manage our finances and making banking more accessible.

## TEXTBOOK MEETS REAL WORLD

Have you ever wondered how mixing common kitchen ingredients like vinegar and baking soda can create a foaming volcano or help your cake rise in the oven? While these reactions may seem simple, they are actually the result of intriguing chemical processes.

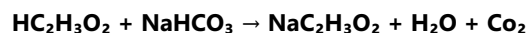
When baking soda (sodium bicarbonate) meets vinegar (acetic acid), a chemical reaction takes place that produces fizzing and bubbling, an exciting visual in science projects and a vital function in baking.

### Here is how it works:

As the two substances combine, they undergo a type of chemical change called a double displacement reaction. During this process, the molecules rearrange to form new compounds: sodium acetate, water, and carbon dioxide gas.

The carbon dioxide gas is what creates the visible bubbles. In a homemade volcano, this gas rapidly escapes the liquid, creating froth that mimics lava. In baking, the gas gets trapped in the dough, helping it to rise and become fluffy.

This reaction occurs in multiple steps, but the overall chemical equation is:



### Scientific Conclusion:

In summary, the fizzing reaction between vinegar and baking soda or the action in recipes is a real-world example of chemical reactions at work. Through a combination of molecular rearrangement and gas formation, these reactions demonstrate how chemistry plays a vital role in both science experiments and everyday cooking. Next time you see bubbles in a batter or a foaming volcano, you're witnessing the power of basic chemical principles in action.



## ALL YEAR LONG SOF QUIZ BIZ IS TAKING PLACE ON INSTAGRAM!

FOLLOW @sofquizbiz on Instagram and take part in daily quizzes for all subjects and all classes

[Click Here](#)

Encourage your students to participate in these quizzes!

## TEACHERS HELPDESK

### How to Organize an SOF Olympiad Awareness Session in your school!

- **Pick a good time and spread the word:**  
Choose a convenient day to hold the session and let students, teachers, and parents know in advance through announcements, posters or class messages.
- **Talk about why Olympiads matter:**  
Share how SOF Olympiads help students sharpen their skills, boost confidence, and even stand out in academics.
- **Show past success stories:**  
Highlight students from your school who've done well in past Olympiads, as it really motivates others to take part.
- **Get other teachers involved:**  
Ask subject teachers to give a quick talk about how the Olympiads connect with what students are learning in class.
- **Hand out helpful info:**  
Give students and parents brochures, sample papers, and registration details so they know exactly how to get started.
- **Practice the Art of Elimination**  
For multiple-choice questions, teach them to rule out the impossible first. It's not guesswork, it's smart deduction.

## MYTH VS FACT

### MYTH

Spending too much time outside in cold weather, especially without proper clothing, is what usually causes people to catch a cold or fall sick.

### FACT

It's not cold weather that causes illness, but viruses. People stay indoors more in winter, making it easier for germs to spread from person to person.



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INTERNATIONAL  
MATHEMATICS OLYMPIAD



NSO | IMO | NCO  
OLYMPIAD



LOGICAL  
REASONING

**Hurry! Only Limited Seats Available!**

**Register Now**



## TIPS FOR TEACHERS

### How to Simplify Complex Olympiad Concepts for Young Learners

1. **Use Real-Life Analogies:**  
Relate concepts to everyday examples to make them more relatable and easier to grasp.
2. **Break It Down Step-by-Step:**  
Divide complex problems into smaller, manageable parts, and guide students through each step logically.
3. **Incorporate Visual Aids:**  
Use diagrams, charts, and videos to explain tricky topics; visuals often clarify what words alone cannot.
4. **Encourage Hands-On Learning:**  
Simple experiments, puzzles, or models can turn tough topics into engaging activities that build deeper understanding.
5. **Promote Peer Discussions:**  
Allow students to explain concepts to each other in their own words, which reinforces learning and builds confidence.

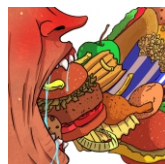
## WHAT WOULD HAPPEN IF



### You hold your cough for too long!

Have you ever tried holding your breath and wondered what happens next? Get ready for an exciting dive into your body's secret reactions! You might be surprised at how your system fights back to make you exhale. Let's explore the amazing science behind it! [Click Here](#)

## VOCABULARY BOOST



### What is a Gluttony?

Gluttony means overindulging in food or drink beyond what is necessary. It often reflects a lack of self-control and can lead to unhealthy habits. Learning moderation helps us appreciate food, stay healthy, and make mindful choices that nourish both our bodies and minds.

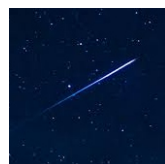
## DO YOU KNOW?



### India has its very own floating post office!

Did you know India has the world's only floating post office? It's on a beautiful houseboat in Dal Lake, Srinagar! This special post office sends letters, sells stamps, and even has postcards showing the lake's lovely views. It's a fun mix of old charm and something truly unique!

## ASTRONOMY FACT



### Leonids Meteor Shower 2025

Get ready to witness the sky come alive! The Leonids Meteor Shower 2025 will dazzle stargazers with streaks of light racing across the heavens. Known for its breathtaking fireballs, this annual celestial show peaks this November. so, grab a blanket, look up, and let the universe put on its grand performance.



Have doubts & queries about the SOF Olympiads? Ask now! Submit your questions and get them answered by experts. Don't miss out, stay informed, and excel in the SOF Olympiad. Message us on the SOF Official Instagram Page.

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